

# VALKAZON



Happy Thanksgiving, y'all!

As the crisp autumn air settles in around Lake Aloaloa, I'm reflecting on all that has made this year so special at Camp Nakanawa. My heart is full of gratitude for this community, each of you contributing to the warmth, spirit, and magic that makes this place unique.

The Nakanawa Hero Giving Tuesday Campaign has me asking: "How do you choose just one Nakanawa Hero?" The truth is, so many have touched my heart. Heroes are not just those who perform grand gestures—they're the campers who help others find their way, the counselors who stay late to comfort a camper, and the alumnae who continue to support our Camp. Heroes lead with kindness, courage, integrity, and an unwavering commitment to others, both quietly and with heart.



We are all heroes in our own way. Sometimes it's the small, quiet moments that make the biggest difference. Other times, it's the bold actions, leadership, and willingness to step into the unknown. As a camp community, we all have the opportunity to be heroes to one another—by showing up with open hearts and lifting each other up.

Being a Nakanawa Hero is a journey we take together. Let's continue to honor the heroes among us and remember that even the quietest moments can make a lasting impact. I'm so proud to be part of this story, and grateful to those who continue to make Nakanawa a place to grow, learn, and become the heroes we hope to see in the world.

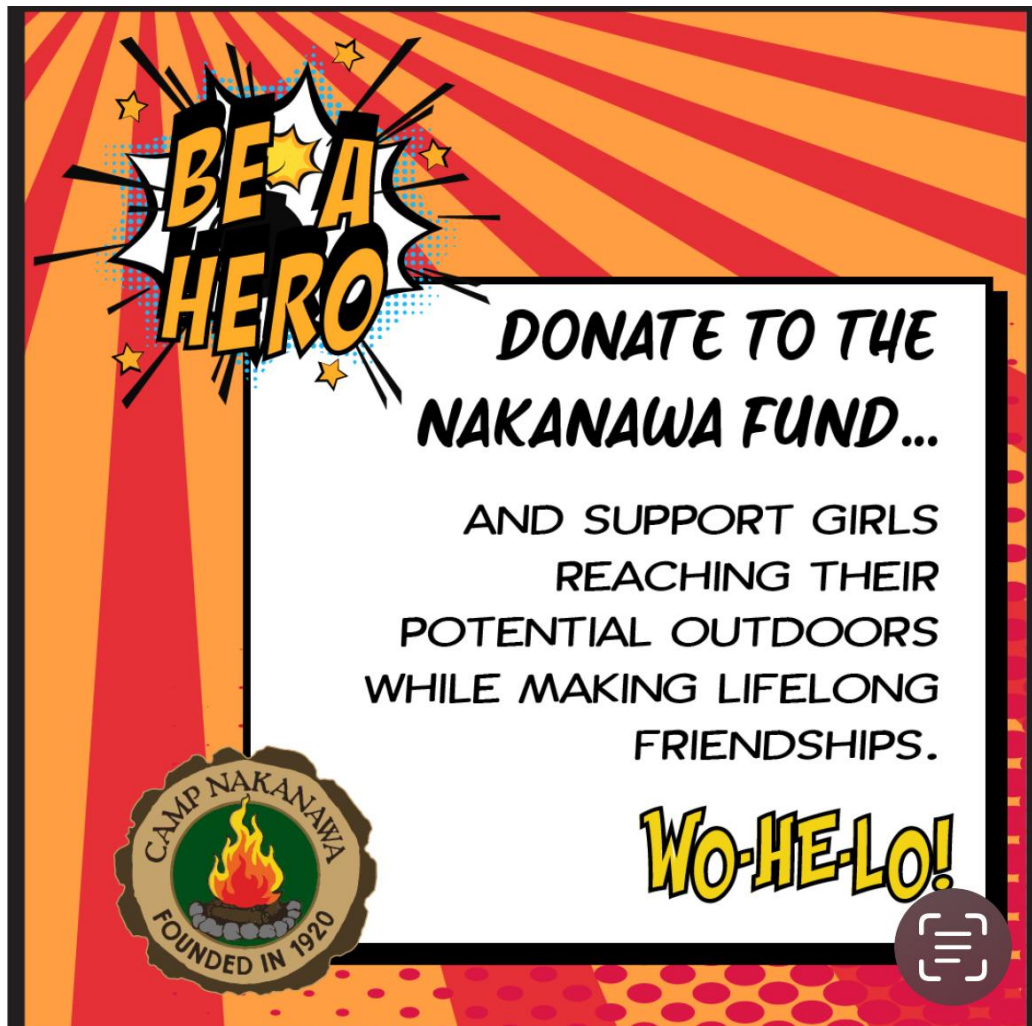
If this mission to create everyday heroes speaks to you, I invite you to support our Nakanawa Hero Giving Tuesday Campaign. Your gift helps sustain the values that make

our community so special, and empowers more heroes for years to come. Together, we can make a lasting impact, inspiring future generations to lead with heart, courage, and integrity.

Thank you for being part of this journey.

Karen Hale and the Camp Nakanawa team

---



### Who are your Nakanawa Heroes?

**We hope you've enjoyed reading** about our heroes on social media and tagging yours in anticipation of Giving Tuesday, December 3! We kick off our fundraising for the Nakanawa Fund each year on Giving Tuesday and hope you will remember Camp in your yearly giving.

The Fund is crucial to our operating budget and helps us keep tuition competitive. Please **GIVE BACK** to the place we hold dear. Gifts of every amount are gratefully received!

**Heroes are made here, and their legacy continues to inspire.  
Wo-He-Lo!**

[donate to the Nakanawa Fund](#)

---

▣ [Slideshows Shine with Camp Spirit](#) ▣

November was a whirlwind of fun as Nakanawa families

from each different city and each new town brought our community together for the 2024 Slideshow Tour.

New this year, we mailed "Slideshow In A Box" kits to help hostesses, campers, potential campers and alumnae across the country share the Spirit of Nakanawa with their hometown friends and guests. Each kit is complete with S'mores makings and all kinds of festive, fun Camp swag. ♥☐



But we're not done just yet! Our show is still on the road into December and January. Be sure to catch all the action here:

LOCATION	DATE
Franklin, TN	Dec. 15
Mobile, AL	Jan. 10
Atlanta, GA	Jan. 12
Norfolk / Virginia Beach	Jan. 18

Thank you to everyone who has made our tour so successful. Check out the photos below from each stop:



Dallas, TX



Decatur, GA



Bowling Green, KY



Nashville, TN



Chattanooga, TN



Austin, TX



Houston, TX



New Orleans, LA



Birmingham, AL



Charm



Oklahoma City, OK



Style

### The Board that bowls together . . .

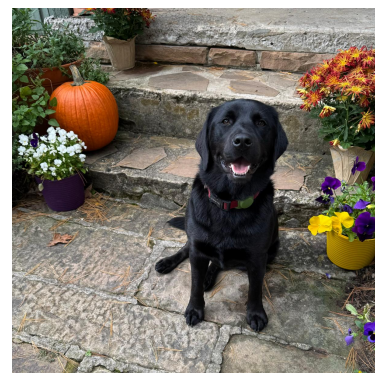


Amazon reps for the Nakanawa Board of Directors made a strong showing at Plateau Lanes during the annual Board of Directors retreat this month.



But the Valkyries brought home the trophy! With a little help from their non-biased (wink, wink) egalitarian camp director, of course.

**There was no shortage of dedication** or hard work during the Board of Directors' recent fall retreat. Camp put on its best colors to welcome its visitors for a productive weekend.



It was all work AND play for Jeff Blake, the Board's Director of Facilities.

New Board member Lori Wagner was welcomed by veteran member Alex Seblatnigg in classic Nakanawa Gazebo style.

Casey, as always, brought her enthusiasm to the weekend festivities.



The image emblazoned on every Nakanawa girl's heart.

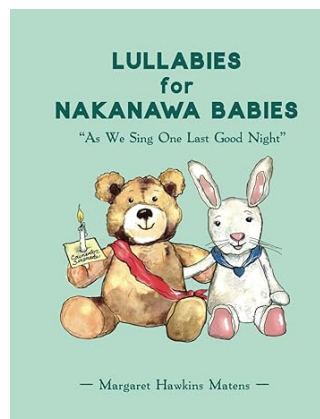
## Give the Gift of Song

**Just in time for the holidays**, we've got the perfect gift idea for all Nakanawa mothers, grandmothers, great-grandmothers, aunts, and special friends: [\*Lullabies for Nakanawa Babies\*](#), now available on Amazon.

Edited and illustrated by Margaret Matens, the book features 30 full-color pages and 25 songs that are suited to be sung to little ones at bedtime. By accessing the QR code in the front of the book, you'll hear Martha Layman McKechnie (TR 05) sing this sleepytime playlist.

Many of the lullabies are Counselor Serenade songs, which campers hear only once a summer ("*Green Trees Around Us*," "*Tender Shepherd*," "*Once Upon a Time*"). These songs are not part of the printed Nakanawa songbooks and are less well-known.

Also included are some traditional songs such as "*M-m-m I Wanna Linger*," "*Cloudships*," and "*I Can Sing a Rainbow*," which children of all ages can enjoy. Hopefully, *Lullabies* will help keep these treasured songs alive and will bring back Nakanawa memories as you rock your children and grandchildren to sleep.



order now



## Camp Sure is Gettin' Horsey!

Two more new equine friends, Wilma and Midnight, arrived at Nakanawa in time to enjoy all the fall colors.

## Alumnae Announcements

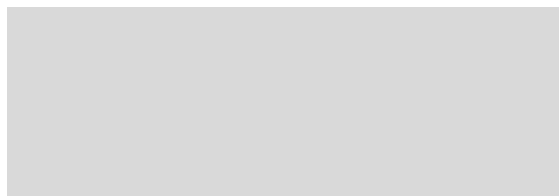
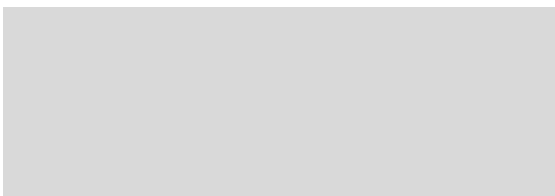
### Out and About



### TR 96: Laissez les bons temps rouler!

Meg Keally Counts, Ali Bracken Gant, Kate Golden Wasnick, Sheldon Thompson Schmidt, and Alicia Carter Johnson gathered in New Orleans recently to reminisce about all things Camp.

### Day Lillies & Sunshine





Alice Lucas Roberts (07) said "I do!" to Fletcher Roberts on September 14, 2024. Congratulations!



Former counselor Cheyenne Hodges accepted Christian Stephens' proposal on November 17, 2024.

### Dancing Flames



Lucy Loveless-Wingfield (TR 05) and husband Robert welcomed Lyla Kate Wingfield on October 17, 2024.



Former counselor Rebecca Bell McGowan and husband Andrew welcomed their third child, Edie, on November 8, 2024.

### Alumnae Giving

Honor someone you love with a gift to the Nakanawa Fund

**In Memory of:**

Julia Welles Hawkins  
David Perron  
Suzanne Smith Tubb

**In Honor Of:**

Nakanawa Board of Directors

[give now](#)

### Nakanawa in the Know

Service Weekend: May 16–18, 2025  
Two-Week Junior/Session 1: June 1–13, 2025  
Two-Week Session 2: June 15–27, 2025

Four-Week Session: June 30–July 26, 2025  
Reunion Weekend: July 18–20, 2025



**Camp Nakanawa's regular business hours are Monday–Friday, from 9 a.m.–5 p.m. Central Time.  
Messages received outside of those hours will be answered on the next business day.**

Camp Nakanawa | 1084 Camp Nakanawa Rd | Crossville, TN 38571 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!